

MAP AND DIRECTIONS



SASOHN WESTERN CAPE



invites you

to WALK ON THE WILD SIDE

With the
KALEIDOSCOPE SEMINAR



OCCUPATIONAL HEALTH
a 'KUDU' ATTITUDE -
ARE YOU GAME?

ON FRIDAY 28 OCTOBER 2011



AT CLARA ANNA FONTEIN GAME RESERVE

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E-mail: cafnodge@iafrica.com
Web: www.claraannafontein.com
Address: PO Box 1434, Durbanville 7551

Instructions to get to Clara Anna Fontein from Cape Town:

Travel on the N1 from Cape Town in the direction of Paarl. Take the N7 turnoff towards Malmesbury. (Past Century City). Travel on past the Bosmansdam Exit, Platteklouf turnoff and the next exit which is the new M13 Durbanville & Tableview turnoff (Exit #22). If you by mistake take the M13 exit, you are on Tygervalley Road which will take a detour through Durbanville wine route. If on this road, turn left at the second traffic light at St John Street and carry on straight. Follow the sign boards to the Vissershok Road. Rather take the turnoff AFTER the M13 (about 2 kms further). The sign post reads Klein Vissershok turnoff left and Durbanville turnoff right. Turn RIGHT towards Durbanville! You are now on the (M48) Vissershok Road. Carry on straight with the M48, straight over the 4-way stop with Contermanskloof/Adderley Street turnoffs. Straight past Meerendal Wine Estate on the left side of the road. ± 2 Km after passing Meerendal Wine Estate you will see Clara Anna Fontein's first sign on the right side of the road. We have a Zebra prop as a marker! This will be just after you have passed the turn off to Eureka, Asmat and The Mount.

Instructions to get to Clara Anna Fontein from the N2 (Somerset West side):

Travel on the N2 from Somerset West in the direction of Cape Town. Take the R300 turnoff (Exit #22) towards Bellville. Carry on straight. At the end of the R300, take the left turnoff to the N1 in the direction of Cape Town. Take the R302, Willie van Schoor / Durban Road turnoff (Exit #23). Straight through the robots at the top of the turnoff. At the 2nd robot turn right into Willie van Schoor/Durbanville Ave. Carry on straight in Durban Road (R302) for app. 10km into Durbanville Main Road. You will pass over 13 traffic lights. After you have passed the Palm Grove Centre (on your left) you will get to a traffic circle with Durbanville High School on your left. Continue straight on around the traffic circle. About 500m further you will get to another traffic circle. Go around the traffic circle out right on the M48; sign posted Vissershok Road ± 700m down this road you will see our first sign boards on you left with the entrance about another 700m further on.

PROVISIONAL PROGRAMME

(subject to change without prior notice)

07:30 - 08:30 Registration

Session Game Ranger: Theresa Bosman

08:30 - 08:40 Welcome

08:40 - 09:15 To see or not to see? - That is the legal question
Mary-Lisa Evans

09:15 - 10:15 Sensory Intelligence
Annemarie Lombard

10:15 - 10:45 Tea and visit exhibits

Session Game Ranger: Ellen Conradie

10:45 - 11:45 A futuristic look at Occupational Health Nursing
Neloise Geyer

11:45 - 12:35 Strengthening Health Services & Societal Wellness
Amanda Brinkmann

12:35 - 13:00 Certificate of Fitness
Karen Michell

13:00 - 14:00 Lunch - 'Kos in die Bos' and visit exhibits

Session Game Ranger: Natalie Copeling

14:00 - 15:00 Family Planning & Contraception
Prof Diane Cooper

15:00 - 16:00 Colour Me Beautiful
Ria Strauss (Image Consultant)

16:00 Closing

16:30 Game Drive

Please note: Watering hole (Cash bar) will be available at lunch time

REGISTRATION FORM: (Only 1 delegate per form) - Please PRINT CLEARLY

Title and Name: _____

Surname: _____

SASOHN Membership No.: _____

Company: _____

Tel. (w): _____ Fax (w): _____

Fax (w): _____ Cell: _____

E-mail: _____

Special Dietary Requirements: _____

Payment Procedure:

Cost: Members: R750 Non Members: R900

Will you attend the game drive at an additional R100? Yes No

Electronic transfers or direct deposits to:

SASOHN Western Cape

Bank: ABSA Sanbel

Account No: 03-4018-2987

Reference No: K/28/10 (your name)

Closing Date for Registration: 6 October 2011

PLEASE SEND THE COMPLETED REGISTRATION FORM WITH PROOF OF PAYMENT TO:

Fax: 021 959 6768

E-mail: copelingn@cput.ac.za

NB! Confirmation of registration will be sent.

To be brought to the seminar for registration.

As numbers are limited, without proof of registration, you will be turned away.

For any further queries, please contact: Theresa Bosman - Cell: 082 871 5997

Please note: Watering hole (Cash bar) will be available